# Sicily A land of nature, history and tradition more than expectation





# SICILY RETREAT "The Essential Leader"

> WHO?? If you're a Lawyer or a Senior Professional with leaders feeling overwhelmed by the demand of senior leadership

And you are looking for a transformative experience away from the noise of the daily grind, in the beautiful island of Sicily where you can:



- Sharpen your leadership skills and boost your confidence in handling difficult situations
- Inspire and empower your team to achieve their full potential
- Regain a sense of control with less stress but also more attuned to the context and others
- With practical actions you can implement straight away and will make a huge difference for your business
- > **WHAT??** Whilst enjoying a fantastic luxury get away with:

Full Board Accommodation in a fully-catered experience at a recently renovated villa, allowing you to focus solely on your growth.

SICILY TRAVELLING то/DMC Tourism Project & Management S.r.I. Reg. Office: Corso VI Aprile, 264 Office: Corso VI Aprile, 260 91011 Alcamo (TP) ITALY P.I. 02480900816 - REA TP C.C.I.A.A. N.174115

phone: +39 0924 040024 mobile: +39 3664451210 S email: sales@sicilytravelling.com

Aut. Reg. Sicilia Cat A/III D.D.S. 732/S.7 TUR del 14/04/2017





A Magical Setting: in the rich culture, captivating history, and breathtaking natural beauty of Scopello, Castellammare del Golfo, Sicily with amazing tour and wine experiences.



WITHOUT having to spend years in understanding yourself
WITHOUT paying out for never ending leadership courses
WITHOUT losing money because you don't know exactly what to look for.

#### > HOW??

This transformative 4-day program focuses on three essential leadership principles designed specifically for Senior Lawyers. Learn actionable strategies you can easily implement to maximize your impact and reduce stress.

Here's what sets this retreat apart:

- Expert-Led Group Coaching: Dive deep into leadership best practices with experienced facilitators.
- DISC & Emotional Intelligence Assessments: Gain valuable insights into your communication style and emotional intelligence, fostering self-awareness and boosting team dynamics.

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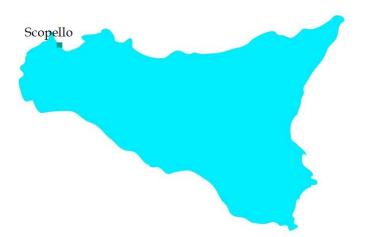


 Stress Reduction & Rejuvenation: Immerse yourself in the tranquility of a secluded Sicilian villa, enjoying full-board accommodation and rejuvenating activities.

Personalized Coaching Sessions: Receive two individual coaching sessions before and after the retreat to identify your strengths, develop a personalized action plan, and address leadership challenges specific to your practice. This leadership retreat is your opportunity to escape the daily grind, gain clarity, and unlock your true leadership potential. Imagine returning home with a renewed sense of purpose, actionable strategies, and a roadmap for success for yourself and your team.

#### > WHERE?? In

Sicily, where Culture, History and Nature meets the human being and its values. Overnights and retreat by Casale Buccellato Villa immersed in a large two-



hectare park planted mostly with pine and olive groves typical of the area. Of classical inspiration, the villa it has been recently renovated in the name of modern comfort, while respecting the local architectural tradition.

#### $\succ WHEN?? From 6<sup>th</sup> to 9<sup>th</sup> June 2024$

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#### **Services**

Service	Date	Location	Treatment	Notes
3 overnights	6-9/6/2024	Castellammare del Golfo (TP)	FULL BOARD	Casale Buccellato
Transfer	6-9/6/2024	West Sicily	Private driver	Pick up: Palermo Airport Drop off: Palermo Airport
Experiences	6-9/6/2024	West Sicily	Escorted Tour	As per itinerary
Assistance 24/7	6-9/6/2024	West Sicily	Concierge service	Nicolò Rubino in charge
Coach Session Work shop	6-9/6/2024	Casale Buccellato	10 Hours - Group Activities	Annelise Pesa in charge
Individual Session Coach	Before & After the retreat	2 Video Call (75 minutes)		Annelise Pesa in charge

## **Casale Buccellato**

Casale Buccellato is easily accessible and its large gate is located along the road of a residential area a few kilometers from Castellammare del Golfo, between Trapani and Palermo on western

Sicily. The common areas on the ground floor offer comfortable spaces relax in to the traditional living room, and the dining directly room is connected to the kitchen with а typical Sicilian flavor, entirely tiled with ancient tiles.



You can access the outside from various points of the house, where you can have lunch under a large pergola and access the large, well-equipped infinity pool.

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From the terrace at the back of the house 4 steps downhill lead to the pergola and then to the pool area, about 100 m from the villa. The pool area is bordered by hedges and olive trees, and the view of mountains the is spectacular. At its center lies the

rectangular infinity pool, 15 x 6 m wide and 1.40 m deep. The pool is purified with salt. The tank is covered with an innovative PVC (Arkoplan Touch 3000) and is accessible by a few internal steps. Sunbeds and umbrellas are positioned all around on the vast solarium paved in natural stone. The outdoor shower is solar. The pool is open from April 1st to November 15th and can be heated on request from April 1st to May 31st and from October 1st to November 15th.



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#### ITINERARY

Arrival at Palermo Airport at 2:30 pm

Pick up and way to Castellammare del Golfo

Accommodation and Breifing

Walking Tour in Scopello an Italian gem, nestled in the heart of the Mediterranean or Zingaro Natural Reserve.

Dinner and back to the villa.



DAY 1 - 6th June - Thursday

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DAY 2 - 7th June - Friday

Friday morning yoga or fitness class 8-9 am Breakfast 9:15 am 3 Hours Work Shop 10 am -1 pm on self leadership by Annelise Mediterrenean Lunch Afternoon Experience SEGESTA Archaelogical Park Dinner and back to the Villa

Saturday morning yoga or fitness class 8 -9 am

Breakfast 9:15 am

3 Hours Work Shop

10 am -1pm on the others by Annelise

Mediterrenean Lunch

Afternoon Experience Wine tour

Dinner and back to the Villa



DAY 3 - 8th June - Saturday

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DAY 4 - 9th June - Sunday

Sunday breakfast at 8.30

2 Hours Work Shop 9.30 to 11.30 on leadership of the business

Transfer to Palermo

Walking tour with official guide, Markets Visit and Lunch Experience

Way to the Airport Departure at 8 pm

#### THE CREW

#### Annelise Pesa

Annelise Pesa, a former international financial lawyer for top tier institutions, including Morgan Stanely, Clifford Chance and Linklaters, is an executive and team coach and a corporate trainer. She has been accredited by the International Coaching Federation as a Professional Certified Coach.

annelise@annelisepesa.com



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#### Nicolò Rubino



Director of Sicily Travelling – Tour Operator and sister company Expo Sicily Ltd London - over the years he has gained various experiences in international sales & marketing mainly in hospitality industry. He loves his land Sicily, sailing, traveling, adventures, sea, food and wine, nature and meeting new people. In addition to creating the tour, he will assist and follow it mile by mile.

n.rubino@exposicily.com

#### FEATURES INCLUDED

Accommodation – Ensuite Private Room Transfers & Daily Tours as per itinerary Full Board Meals Tour assistance in English language Entrance Tickets and Official Guide Concierge services Coach Session

#### FEATURES NOT INCLUDED

Airfares "Flights ticket" (TBQ upon confirmation)

Tips and extra

Anything not mentioned in "FEATURES INCLUDED"

#### VALUE

£4.400 Experiential Tour

£ 2.500 Coach Session

#### £ 6.900 - £ 3.450 per person

Launching Price 1° Edition - 50% OFF

If you would like to invite your friend or partner, PLEASE, get in touch with us for the right quotation even if they won't follow the coach session.

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- 1) Terms and conditions: 30% deposit not refundable total amount 60 days before arrival
- 2) Assistance: 24/7 of assistance by our own private English-speaking local guide
- 3) Private concierge services: by our Director Nicolò Rubino

# LUXURY SICILY TRAVELLING

Thank you very much for considering our company. Over the years, we have satisfied several travelers and we are glad to welcome you as well in our unique island, Sicily. We look forward to hearing from you as soon as possible.

Thank you very much Sales Team | Sicily Travelling

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Unforgettable travel experiences in Sicily tailored for you

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